#### **NFSTAC PRESENTS**

# The Impact of Partnering with State Entities and Family Run Organizations

#### **Ruth Fox**

Executive Director/CEO

Allegheny Family Network

rfox@alleghenyfamilynetwork.org

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#### **Treasure Gallagher**

Peer Services Program
Representative
Office of Mental Health and
Substance Abuse Services,
Pennsylvania Department of
Human Services

trgallaghe@pa.gov

### Disclaimer

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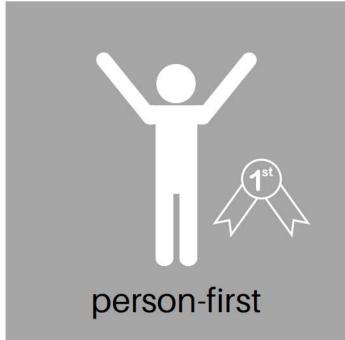








#### NFSTAC uses family-centered language!













## Learning Objectives

- Nonprofits need the support of government to help develop societal solutions and create sustainable change.
- To learn ways to boost organizational efficiency, increase organizational effectiveness, or drive broader social and systems change.
- State/Government to discuss helpful non-profit organizations in the community.
- The government is a sovereign entity that has operating authority over all formally chartered and informal organizations in its jurisdiction.
- How to decrease the power dynamics.





## Finding Ways to Connect

The family organization as a stakeholder must find a way to connect with the state.

#### Why? What are the Benefits?

- State government manages and offers funding for behavioral health services for children, adults and older adults.
- By identifying which person or persons lead the project at the state level, the family organization will have at least one point of contact. (For example: Treasure was hired as the peer services representative for Pennsylvania.) This also helps family organizations identify who they need and want to become a champion for the work.





## Finding Ways to Connect (Continued)

- By learning the chain of command in state government; as well as understanding the process and procedures allows the family organization to better navigate the system and decrease frustration.
- Having these contacts and building of relationships, provides opportunities for family voice in service roll out and in the effectiveness of services.
- With the routine contact and relationships, there are more opportunities to participate in committees for things such as reviewing: funding priorities, funding streams for specific services, and Request For Proposals. This connection, is also beneficial when certain funding streams require stakeholder participation; as the relationship was already built.





#### I have done my investigation work, what do I do now?



Show Up

Consistency

Learn

**Strategic** 

**Champion** 

**Give** 





### Partnering with State Government

#### HOW I MADE MY WAY TO PARTNER WITH STATE GOVERNMENT

After investigating - I found out about:

- The Office of Mental Health & Substance Abuse Services (OMHSAS)
- The Mental Health Planning Council (MHPC) This was identified as our way to make contact!

Next step: Attend!

- Showed up as a sunshine member for about 5 years consistently Learning
- Applied to be a Children's Committee member and made it in 2018 <u>Strategic</u> and connected to my state champion
- Now giving my time and effort to change systems and helping to improve services





## Pennsylvania's MHPC



Consists of three committees: Children's Advisory Committee, Adult Advisory Committee, and Older Adult Advisory Committee that come together to form the MHPC..

The Office of Mental Health and Substance Abuse Services (OMHSAS) advisory committees members are appointed by the Deputy Secretary of OMHSAS and include individual representatives of:

- Youth, adult and older adults who have been served by the behavioral health system,
- Family members of such youth and adults,
- Providers,
- Advocates,
- Professionals, their respective organizations, and
- Governmental organizations.





## MHPC Opportunities

- Regularly scheduled meetings for each of the three subcommittees and then everyone comes together as a larger council
- The Deputy Secretary of OMHSAS schedules time to sit in each of the subcommittees, as well as the larger meting
- Other subcommittees can be formed, as necessary
- Speakers are brought in, upon request or need, to the MHPC meetings to provide information or data on specific content areas
- Opportunities for communication and networking



## Family Voice In Pennsylvania

- How do we impact Systems Change Participate
- MHPC Children's Committee formed a sub-committee to Move Family Peer Support Forward as a billable service in PA – I joined
- Introduced at a meeting to a new state employee in the OMHSAS that would be attending our meetings – Peer Service Program Rep. – Treasure Gallagher
- Before I know it, this sub-committee was turning into a OMHSAS
   Family Peer Support Services (FPSS) Steering Committee that would be selecting the needed participants from across the state
- I was selected to be a part of this exciting new Steering Committee to make FPSS across the life span billable with a 3 year timeframe.





### Our Most Recent Collaboration

- Family Peer Support Services Steering Committee
  - -Collective Impact (Common Agenda and Continued Communication)
  - -Expectations
  - -Roles
  - -Comfort Agreement
  - -Confidentiality
  - -Consensus and final vote
  - -Resource Account
  - -Opportunities for additional meetings to discuss questions or concerns





### Barriers and Learning Along the Way

- I was zealous about completing this effort for FPSS Across the Life Span!
- The Steering Committee was defining FAMILY myself and other Family Orgs.
   represented did not agree with the definition vote passed the definition.
- I reported out to the MHPC my disappointment with the Steering Committee's definition of "family" and Treasure was present
- I learned quickly to follow the protocol, still allowing my voice to be heard!
- Here we are today! I found my champion! Sharing together and continuing our work together on the Steering Committee.
- I know FPSS will be a billable service in PA soon!





### As a State:

What we need:

**Champions** 

Data and information from the providers doing the work

**Continued feedback** 

**Patience** 

**Experts in their area** 

**Receive education** 

**Support and grace** 

#### What we need to do:

Listen

Be honest

Provide education on state processes and guidelines

Provide time for feedback, questions, and answers

Respect

Champion

Support and grace





## Follow Up and Next Steps



### In our follow up email, within 3-5 business days, look for:

- A link to the recording of today's presentation
- Today's presentation slides
- Invitations to upcoming events
- Additional resources
- Ways to stay connected with us
- A letter of participation emailed to you

www.nfstac.org







## Upcoming event announcement

March 15, 2023 2-3:30pm EST



Learn about Crisis Intervention Team (CIT) Training and how it benefits communities. Hear firsthand how a CIT trained officer helps his community. Listen to a story of a family working together with law enforcement to save a life.





## Feedback Survey



#### Thank you for joining us!

Please complete the SAMHSA-required Feedback Survey you will be directed to when the webinar ends.

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### CONTACTINEORIATION



Lynda Gargan, Principal Investigator, NFSTAC

lgargan@ffcmh.org | www.nfstac.org

Gail Corm ier, Project Director, NFSTAC

info@nfstac.org | www.nfstac.org

Lachelle Wade-Freeman, Project Manager, NFSTAC

<u>lwfreeman@ffcmh.org</u> | <u>www.nfstac.org</u>

Thank you for joining us!



