

How to Become a Nationally Certified Family Peer Specialist



1

Prepare a narrative of your lived experience as a parent or primary caregiver of a child—across the lifespan—experiencing emotional, developmental, behavioral, mental health, and/or substance use challenges for the **CFPS Application**, completed online.



2

Complete 88 hours of training
in the

5 CFPS Core Competencies:

1. Wellness and Resiliency
2. Effecting Change
3. Resources and Natural Supports
4. Systems Knowledge
5. and Navigation
6. Professional Responsibilities



3

Complete 1,000+ hours of paid or volunteer family peer support work. 20+ hours of this must be supervised. Most family peers work full-time for a family-run organization, health care provider, or other organization offering family peer support for about one to two years before qualifying for national certification.



4

Pass the national certification exam, which is 120 questions in 120 minutes. This computer-based exam can be taken at local testing centers in your state.

Visit www.ffcmh.org/certification to learn more.