SURVEY SAYS
Parents Tell Us How We Can Engage Them

WHAT MAKES PARENTS FEEL ENGAGED?
- Feeling Heard
- Having a Say In Decisions
- Individualized Planning
- Understanding, Not Blaming
- Complete List of Resources
- Access to Quality Care for My Child

HOW CAN PROFESSIONALS BE WELCOMING?
- Ask what we need
- Ask what we have tried
- Ask what barriers we face
- Ask how we are doing
- Ask how you can support
- Respect our unique situation
- Explain how treatments will help

WHAT DISENGAGES PARENTS?
- Decisions Made Without Me
- Feeling Judged
- Not Being Heard
- Not Considering My Whole Family
- Not Taking My Concerns Seriously
- Showing Up Late/Changing Appointments
- Not Remembering Our Family’s Story
- Making Assumptions/Being Condescending

WHAT ADVICE DO PARENTS OFFER?
- Offer Hope/Resources/Guidance
- Recognize How Tough This Is For Me
- Be a Caring and Trustworthy Advocate
- Write Factual, Not Emotional Reports
- Compliment and Celebrate Progress
- Encourage Self-Efficacy
- Expect Setbacks & Support Us
- Know We Are Thankful

Survey Conducted in March 2017 by the Association for Children’s Mental Health in Michigan